

Rugby High School Track & Field Results
CNDC OUTDOOR
Fessenden, ND – Thursday, May 12, 2011

100 Meter Dash

Emily Stier - 13.12 - 2nd place
Rachel Hoffert - 13.30 - 3rd place
Kassi Jorgenson - 14.13 - 5th place
Anja Selland - 14.40 - 8th place

200 Meter Dash

Crystal Hovland - 26.92 - 1st place
Emily Stier - 26.96 - 2nd place
Rachel Hoffert - 27.17 - 4th place
Shanaya Fred - 28.47 - 8th place
Kassi Jorgenson - 29.25

400 Meter Dash

Crystal Hovland - 1:01.50 - 1st place - **SQ**
Emily Stier - 1:01.81 - 2nd place
Rachel Hoffert - 1:04.03 - 3rd place
Bailey Nelson - 1:15.88

800 Meter Run

Sydney Kraft - 2:28.12 - 2nd place
Alexis Thompson - 2:49.34 - 8th place
Bailey Nelson - 3:08.58
Tashal Trottier - 3:10.15

1600 Meter Run

Sydney Kraft - 5:46.08 - 1st place
Tashal Trottier - 7:09.17

3200 Meter Run

Chandra Yankton - 12:05.76 - 1st place - **SQ**
Lauren Christenson - 12:25.77 - 2nd place
Hannah Christenson - 13:21.27 - 6th place

100 Meter Hurdles

Crystal Hovland - 16.50 - 1st place - **SQ**
Aubrey Hovland - 18.00 - 5th place

300 Meter Hurdles

Crystal Hovland - 46.82 - 1st place - **SQ**
Emily Stier - 48.06 - 3rd place - **SQ**
Aubrey Hovland - 54.02 - 8th place

Shot Put

Molly Koenig - 36'4" - 1st place - **SQ**
Laura Fritel - 31'8" - 5th place
Emily Fritel - 28'8"
Allison Leer - 23'5"

Discus

Molly Koenig - 82'5" - 8th place
Emily Fritel - 81'6"
Laura Fritel - 72'8"
Allison Leer - 64'11"

Javelin

Molly Koenig - 84'3" - 1st place
Chandra Yankton - 78'8" - 5th place
Laura Fritel - 75'8"
Allison Volk - 70'1"
Allison Leer - 66'11"

Long Jump

Abbey Paul - 15'9" - 2nd place
Anja Selland - 13'11" - 8th place
Kayla Voeller - 13'5½"
Allison Volk - 13'3"
Cassandra Jaeger - 13'2"
Keylee Odden - 12'7½"

Triple Jump

Abbey Paul - 30'11½" - 3rd place
Anja Selland - 29'½" - 7th place
Cassandra Jaeger - 27'10" - 8th place
Keylee Odden - 27'4½"
Allison Volk - 26'8½"
Kayla Voeller - No Mark

High Jump

Aubrey Hovland - 5'3" - 1st place - **SQ**
Abbey Paul - 4'1" - 6th place

Pole Vault

4 x 100 Meter Relay

Kassi Jorgenson(14.45), Shanaya Fred(12.75)
Alicia Leier(13.90), Cassandra Jaeger(13.75)
54.57 - 2nd place

4 x 200 Meter Relay

Shanaya Fred(28.43), Aubrey Hovland(29.12)
Alicia Leier(30.86), Cassandra Jaeger(28.44)
1:56.61 - 2nd place

4 x 400 Meter Relay

Rachel Hoffert(1:05.28), Alicia Leier(1:06.28)
Shanaya Fred(1:09.85), Sydney Kraft(1:05.85)
4:26.96 - 2nd place

4 x 800 Meter Relay

Chandra Yankton(2:35.41), Hannah Christenson(2:45.07)
Alexis Thompson(2:47.07), Lauren Christenson(2:39.72)
10:46.74 - 1st place

GIRLS TEAM SCORES

1. Rugby - 232
2. Southern McLean - 117
3. Harvey/Wells County - 104
4. Benson County - 88
5. Northern Lights - 44
6. Kidder County - 40
7. New Rockford-Sheyenne - 39
8. Central McLean - 20
9. Rolette/Wolford - 17

SQ - State Qualifier
SR - School Record
MR - Meet Record